

Automatic Writing

15 June 2017

It is time to let go of your limitations and trust your inner voice which has been trying to work its way through all the layers of karmic creations, past your controlling intellect up to the surface into the light of realization, wanting to bring enlightenment to all those who are caught up in their personal dramas, trying to find meaning and fulfillment in their lives. They, however, succumbing to the illusion of victim and victimizer, believe that this can only be found on the outside.

This causes a lot of frustration and leads to accusations which in turn lead to arguments, misunderstandings and, in the end, war. The illusion that you are missing out on something, that you are lacking material wealth, is another factor that leads to envy, resentment, leading again to accusations, mistrust, terror and war.

It has become more necessary than ever for you to set an example and, by placing total trust in your own inner strength and the corresponding powers and forces in the atmosphere, demonstrate how a self-determined life can succeed.

24 June 2017

What is the meaning and purpose of human existence? These are the kind of questions that are constantly reaching us here in the spirit world. These questions have been released by you on the earth plane into the atmosphere and they create a climate of searching which will bring the evolution of humans forward. We, however, would like to tell you that the meaning and purpose of human existence has never been hidden from you. It has always been clear that human life should be lived in accordance with the universal laws, in order to be a demonstration of unconditional love. Unconditional love is the highest virtue that humans can achieve. It is the highest vibration which pervades the whole of creation and the human brain was created to be pervaded by this highest vibration and to bring all other functions into line with this frequency so that all our thoughts, feelings, words and deeds are defined by this highest value, this highest vibration. It is important for you to know that unconditional love cannot be reached by evolution. This vibration has always existed, and you have always only had to tune yourselves into it in order to be pervaded by it. The evolution comes when you recognize your resistance to unconditional love and give it up. This resistance is of personal nature and you have given it many names, e.g.: habit, idiosyncrasy, character, preferences, neuroses and other similar terms. It's not about breaking these personal characteristics or getting rid of them, but rather no longer hiding them from yourselves and recognizing and accepting them and putting them to the service of the highest vibration. For example, someone may have developed a love of eating. This person can stop judging and cursing himself for eating so much and having built up so much cell structure which makes his casing appear to be more voluminous. This person could recognize that he has built up a protective cover, a buffer, and ask himself why he needs this and what he is really looking for every time he indulges in overcompensating food intake. Isn't food a symbol für the divine manna, for the substance of divine, unconditional love, the highest energy in the universe? A person who overeats is only trying to take in more energy because he feels weary and exhausted by the daily grind, feeling totally at its mercy because he doesn't allow the highest vibration to flow through him or each of his daily activities. That's what you call a vicious circle, and this describes exactly what is happening in your lives: you create your own devil and your own hell on earth.

And so you have answered your own question on the meaning of life: this earth plane came into existence solely out of the need for you - equipped with a free will - to choose unconditional love of your own free will because, having created the opposite of that, you have proved that this creation wasn't worth it. That is why you fell out of the unconscious and childlike unity with the Divine. In your culture group it is called "Banishment from Paradise", but in fact you left Paradise and weren't banished.

This original drama repeats itself in every human life. When you are babies, you are still in innocent and unconscious unity which you then leave to create all these values that are supposed to bring you individuality and distinctiveness. When you have become disillusioned enough with these values, you begin to return to the highest and only really stable value: unconditional love. So, you will become like the little children and create your own personal heaven and no longer your own personal hell. Now you are going to ask what the nature of unconditional love is, and we will tell you to look at the lives of the many iconic figures who have demonstrated this highest value. Starting with the one who they called 'the Nazarene', there are many avatars and holy people who have shown how to free love from restrictions and conditions and allow it to be effective and lead your actions without any limitations. At the same time, you are disciplining your wish for revenge and retaliation by not seeing yourselves as victims but by recognizing where you were out of balance and not in accordance with the universal laws. As soon as you have accepted the inner answer to this question, you can let go of your personality's desire to defend yourselves and justify your actions and you can gratefully accept any criticism or correction with a joyful heart and then re-direct yourselves and return to the safe haven of unconditional love.

What is it that is worth protecting so much that you regularly put up with strife, arguments, disharmony, war, terror, disease, death and hardship to do so? Aren't you slowly becoming suspicious when everyone keeps insisting on their rights so vehemently and defending their individual standpoints? How can that be, where are we heading?

Think about it and look at the results in your own lives. Do you like them? If not, you can always change your mind and come home, to that home where you have always been, without knowing it, without realizing it.

You are like princes and princesses who live in a palace and wake up every morning in a dilapidated hut which has been put up in the throne room because it seemed too arduous to bear the responsibility for keeping up the palace. You only have to walk out of the door and look around you to recognize the truth. Then it would be up to you to take on the responsibility and see life as an opportunity rather than a burden.

25 June 2017

The communication between cultures and religions is a goal that is being pursued by the spirit world with the utmost priority. In doing so it is essential that we are supported by all of you who are awakened and on your inner path and that you do not emphasize the differences but to point out the things that cultures and religions have in common. For example, the love of God and your neighbor is a central element in both Christianity and Islam. Both religions are struggling with dogma which is trying to stifle the understanding of the core of universal truths and wisdom. This is where seekers can support each other by making themselves aware of the fact that there may be different facets and shading in which we as individuals and in each of our soul groups have moved through all our incarnations, but basically all souls have the same goal and therefore all bear equal responsibility for reaching that goal.

The goal, giving up the illusion of a dual existence and returning to the awareness of unity, will have to be achieved by everyone, otherwise it won't really be reached by anyone as those who have already reached this goal, through their responsibility for the whole, are a part of the process. They continue to pave the way for you.

It is time to set an example and demonstrate your understanding of equality. Equality is based on the understanding that everyone has the same source and the same goal, but we are heading towards this goal in many apparently very different ways. Equality, however, is based on the simple knowledge that all individuals have the same needs.

Of utmost importance is the need for a sense of belonging and satisfying relationships. This need must first be accepted as an inner quality before being transcended to the realization that it comes from our deep pain because we have separated our awareness from the unity of the Divine. We in the spirit world also feel your pain and can remember how hard it was to overcome it, to heal it and that is the basis of the unconditional love that we feel for you while we are reaching out to you offering you help and support wherever and whenever we can.

When your politicians speak of integration, don't forget that this human need for a sense of belonging and good relationships can be used to bring people of different cultures and religions in their longing for unity with God together.

The next need that all souls have is to live in prosperity and peace. Before you get caught up in discussions as to who has deserved how much wealth according to their achievements and prerequisites, don't forget that this need, too, is charged by the soul's memory of unity with God which can certainly be described as unlimited affluence and endless, deep-rooted peace. Christ demonstrated this principle a number of times to the masses, who were filled with a sense of lack, when he showed them God's endless abundance by providing more than enough food for everyone. You too are able to demonstrate this. Before succumbing to the fear of losing something, start sharing with others joyfully and highlighting the opportunities that you have to enjoy abundance by making your talents available to manifest wealth.

Personal happiness is also a basic emotional need. This is where transformation is most necessary. Just as with the word 'love', personal happiness has been totally misunderstood and abused. This is where the more advanced visitors of the earth are asked to radiate and convey what true happiness, charged by self-realization and inner perception, means. In small steps you can show those who doubt and complain about injustice and discrimination how they, with the inherent love of God, can be freed from the burdens and limitations that they have put upon themselves by daily affirming their unity with God which allows them to be guided more easily through their everyday processes and procedures.

In this way the next basic need will also be fulfilled. This is to aspire to a meaningful existence which usually shows itself in the desire to be needed in some way for work, for a plan or in a family. This need too, is charged by the soul's longing to return to unity with God and it should be done by pointing out, step by step, the misunderstandings which are a result of directing all of these basic needs towards outer, material values. Work should be seen in its original form, which means being an instrument of Divine awareness and taking care of everyone's well-being, making your contribution, knowing that none of you are an island and you could achieve nothing alone. That doesn't mean you may entertain feelings of helplessness, dependence or need, in fact it is quite the opposite. You must know that, if

necessary, you can take care of individual parts of the big picture all on your own in order to be a way shower, a role model, a pioneer but never indulge in the illusion that you are not a part of the community of souls. Your unity with God must be rock-solid and have priority over the community of souls because that is your biggest contribution in bringing the community of souls forward in its evolution.

It is exactly the same basis when you feel the need to belong to a family. Just as a family can be the biggest hurdle for your evolution if you give your power up to it, it can also be the biggest springboard for your evolution if you give up the role up the sheep and take on the role of the shepherd. You should be striving for a whole community of shepherds and keep striving until there are no sheep left and the community of shepherds rises in united/uniform awareness.

This is the real reason why we ask you not to indulge in feelings of inferiority or superiority but to live equality by accepting your differences and, bit by bit, working towards levelling them out until you fall into each other's arms laughing and with tears of joy and feeling quite amazed, you ask yourselves: „Aren't we all really the same? “